

## Vanquish Pre-Treatment Considerations

- **VANQUISH is contraindicated in patients with metal implants as well as any active implanted device which includes, but is not limited to, a pacemaker, defibrillator, cochlear implant, diabetic pump. If you had one of these implanted devices in the past, but it has since been removed, please let your treatment provider know. VANQUISH is also contraindicated for women who are pregnant or lactating. There are other contraindications, so please be sure to share your complete medical history with us so we can make sure VANQUISH is right for you.**
- **Please wear comfortable clothing on the day of your treatment so we can access the treatment area.**
- **Please remove all jewelry prior to your appointment.**
- **Please arrive at your appointment time well hydrated. Ideally, you should drink 2-3 16 ounce bottles of water the day before, the day of and the day after your treatment. Additionally, we recommend light physical activity after treatment to help with lymphatic flow.**

## VANQUISH Post Treatment Considerations

- **You may experience transient erythema (redness) that will last from a few minutes to an hour or possibly longer.**
- **Your skin may feel quite warm for up to a few hours after treatment as deep tissue retains heat longer.**
- **You may feel tenderness in the treated area.**